

COMMECS COLLEGE
Macro Plan – 2024-2025

Subject: Psychology

Teacher:

Class: XI

Sections:

Week	Start Date	End Date	Number Of Periods	Topic/Chapter	Contents	Objectives
01-02	1 st Aug	10 th Aug	07	1. Introduction to Psychology	<ul style="list-style-type: none"> • Course and its requirements • Psychology and its objectives • SOR formula 	<ul style="list-style-type: none"> • Identify basic course requirement • Students will be able to relate views of several disciplines on definitions of Psychology. • Understand and apply the SOR formula in daily lives
03	12 th Aug	16 th Aug	04	1. Introduction to Psychology	<ul style="list-style-type: none"> • Different views in psychology like structuralism and functionalism • Development of Psychology as a science 	<ul style="list-style-type: none"> • Explain Psychology as a science • Outline reasons behind psychology considered as a science • Debate whether Psychology should be considered a science or not. •
04	19 th Aug	23 th Aug	05	1. Introduction to Psychology	<ul style="list-style-type: none"> • Bio social Psychology • Schools of psychology • 	<ul style="list-style-type: none"> • To show knowledge and understanding of how both biological and social factors influence human behaviour • Analyse and compare schools of psychology
05	26 st Aug	31 th Aug	05	1. Branches of Psychology	<ul style="list-style-type: none"> • Pure psychology 	<ul style="list-style-type: none"> • What are the different fields of Psychology and the reason for their emergence. <p>differentiate between</p>

06	02 Sept.	06 Sept	5	1. Branches of Psychology	Fields covered under applied Psychology <ul style="list-style-type: none"> Educational Clinical psychology Industrial psychology Legal psychology Military psychology Political psychology Definition of sensation 	<ul style="list-style-type: none"> Different areas covered under each subfield Approaches and methods adopted in these different fields Importance of each field in making human life better Describe and summarize the capacities and limitations of human sensation.
07	09 Sept	14 Sept	5	1. Sensations	<ul style="list-style-type: none"> Types of sensation Conditions of sensation Characteristics of sensation 	<ul style="list-style-type: none"> Explain the types of sensation Describe how psychologists measure sensory and difference thresholds. Illustrate conditions in sensations Analyze characteristics of sensations
08	16 Sept	20 Sept	5	Past papers solving		
09	23 Sept	28 Sept	5	1. Practical of sensations	<ul style="list-style-type: none"> Practical sensations 	<ul style="list-style-type: none"> Perform the Practical of sensations
10	30 Sept	04 Oct	5	Presentation on biological basis of human behavior		
11-13	07 Oct	26 Oct	0	First term Examination		

				<p>4. The nerve current</p> <p>5. The central nervous system</p> <p>6. The spinal cord</p>	<p>interactions are critical for expression of physical and psychological characteristics</p> <p>3. Summarize the primary functions of the CNS and of the subsystems of the PNS. Describe the difference between the central and peripheral nervous systems</p> <ul style="list-style-type: none"> • Explain the difference between the somatic and autonomic nervous systems • Differentiate between the sympathetic and parasympathetic divisions of the autonomic nervous system <p>4. Explain how the electrical components of the nervous system and the chemical components of the endocrine system work together to influence behavior.</p> <p>5. Identify the basic parts of a neuron</p> <p>6. Describe how neurons communicate with each other</p> <p>7. Explain how drugs act as agonists or antagonists for a given neurotransmitter system</p> <p>https://youtu.be/TKG0MtH5crc for seeing the function of neuron</p>
		Total	56/129	Class conducted= 43.1%	
<p>Term- I</p> <p>Teaching Days- 56</p> <p>Class conducted= 43.41 %</p>					