

COMMECS COLLEGE
Macro Plan (2025-2026)

Subject: Sociology

Class: XII

Discipline: & Humanities

Sr. No.	Start Date	End Date	No. of Units	Topics/Chapters	Contents	Objectives
01	August 01	August 08	07	<ul style="list-style-type: none"> Introduction 	<ul style="list-style-type: none"> Ideology of Pakistan Difference between Hindu and Muslim culture Political services of sir Syed Ahmed Khan Educational services of sir Syed Ahmed Khan 	<ul style="list-style-type: none"> To understand the history of Pakistan To aware students about contributions legendary personalities
02	August 11	August 15	07	<ul style="list-style-type: none"> Introduction (Cont) 	<ul style="list-style-type: none"> Impacts of war of independence of social life of Muslims Impacts of failure war of independence on the educational condition of the Muslims. Cultural background of Pakistan 	<ul style="list-style-type: none"> Impacts of war of independence of social life of Muslims Impacts of failure war of independence on the educational condition of the Muslims. Cultural background of Pakistan
03	August 18	August 23	07	<ul style="list-style-type: none"> Introduction (Cont) 	<ul style="list-style-type: none"> Causes of war of independence Reasons of failure of war of independence Causes of war of independence Reasons of failure of war of independence 	<ul style="list-style-type: none"> Historical background of the war of independence Failure of war of independence (sociological perspective) To understand the socio-economic impacts of the failure of war of independence.

04	August 25	August 30	07	<ul style="list-style-type: none"> • Introduction (Cont) 	<ul style="list-style-type: none"> • MCQs Material • Short Answer Questions (Resources: PPT, Video) • MCQs Material • Short Answer Questions (Resources: PPT, Video, Worksheets) 	<ul style="list-style-type: none"> • To briefly understand the causes of war of independence. • To apply the concept of war of sociological Imagination on the causes of war of independence. • To discuss MCQs and short questions
05	September 01	September 05	07	<ul style="list-style-type: none"> • Introduction (Cont) 	<ul style="list-style-type: none"> • Aims and objective of All India Muslim League • Religious factors of creation of Pakistan • Political factors of creation of Pakistan 	<ul style="list-style-type: none"> • To understand the religious and political causes of the creation of Pakistan, by applying the concept of AL. Assabiyah given by Ibn e Khuldoon.
06	September 08	September 13	07	<ul style="list-style-type: none"> • Introduction (Cont) 	<ul style="list-style-type: none"> • Role of Muslim league in Creation of Pakistan • Effects of Partition of Bengal • MCQs • Short Question Answers 	<ul style="list-style-type: none"> • Analyse the regional and administrative causes of partition Bengal.
07	September 15	September 19	07	<ul style="list-style-type: none"> • The Culture of Pakistan 	<ul style="list-style-type: none"> • Meaning of Culture • Cast system • Advantages of cast system • (Resources: PPT, Video, Worksheets) 	<ul style="list-style-type: none"> • Understanding various dynamics of culture, Cast system and its presence Pakistan
08	September 22	September 27	07	<ul style="list-style-type: none"> • The Culture of Pakistan. (Cont) 	<ul style="list-style-type: none"> • Disadvantages and disadvantages of cast system • Meaning of Islamic culture • Punjabi culture • Sindhi culture 	<ul style="list-style-type: none"> • To understand the Islamic culture • To become aware from the multiculturalism its beauty and find out the beauty of diversity in Pakistan

09	September 29	October 03	07	<ul style="list-style-type: none"> • The Culture of Pakistan (Cont) 	<ul style="list-style-type: none"> • Pashtoon culture • Baloch Culture • Other Regional culture of Pakistan 	<ul style="list-style-type: none"> • To become aware from the multiculturalism its beauty and find out the beauty of diversity in Pakistan
10	October 06	October 11	07	<ul style="list-style-type: none"> • The Culture of Pakistan (Cont) 	<ul style="list-style-type: none"> • Geographical area of Pakistan • Provincial distribution • Unifying force of Pakistan 	<ul style="list-style-type: none"> • To study the strategic importance and landscape of Pakistan. • Students will become familiar from the geographical landscape of Pakistan
11	October 13	October 17	07	<ul style="list-style-type: none"> • The Culture of Pakistan (Cont) 	<ul style="list-style-type: none"> • Role of women in social development • Cultural lag • Cultural Harmony • Cultural Harmony in Pakistan • Theory of Culture Lag 	<ul style="list-style-type: none"> • To highlight the role of women in social development • To study harmony, cultural harmony and the cultures of Pakistan
12	October 20	October 25	07	<ul style="list-style-type: none"> • The Culture of Pakistan (Cont) 	<ul style="list-style-type: none"> • Characteristics of Pakistani culture • Characteristics of Panjabi culture 	<ul style="list-style-type: none"> • To explore multiculturalism and understand its role in maintaining harmony in our society. • To understand ethnocentrism and xenocentrism
13	October 27	October 31	07	The Culture of Pakistan (Cont)	<ul style="list-style-type: none"> • Characteristics of Baloch culture • Characteristics of Pashtoon culture 	<ul style="list-style-type: none"> • To briefly understand the cultural norms, beliefs, values and customs of Baloch culture
	November 03	November 08	07	<ul style="list-style-type: none"> • The Culture of Pakistan (Cont) 	<ul style="list-style-type: none"> • Characteristics of Pashtoon culture • Resources: PPT, Video, Worksheets) 	<ul style="list-style-type: none"> • To briefly understand the cultural norms, beliefs, values and customs of Pashtoon culture

15	November 10	November 14	07	<ul style="list-style-type: none"> The Culture of Pakistan (Cont) 	<ul style="list-style-type: none"> Effects of computer on life Short Question Answers Resources: PPT, Video, Worksheets) 	<ul style="list-style-type: none"> Briefly understanding the effects of computer on human life. Becoming aware of the overflow of information and its pros and cons
16	November 17	November 22	07	<ul style="list-style-type: none"> The Culture of Pakistan (Cont) 	<ul style="list-style-type: none"> MCQs Short Question Answers Resources: PPT, Video, Worksheets) 	<ul style="list-style-type: none"> Midterm preparation
17	November 24	November 29	07	<ul style="list-style-type: none"> REVISION 	<ul style="list-style-type: none"> Practice Tests Quizzes 	<ul style="list-style-type: none"> Recognise weak areas. Practice and improve.
18	December 01	December 05	00	Mid Term Exams	Mid Term Exams	Mid Term Exams
19	December 08	December 13	00	MID TERM EXAMS		
20	December 15	December 19	00	MID TERM/ SPORTS GALA		
21	December 22	December 27		WINTER VACATIONS		
				Till Mid Term Working Days – 110 Teaching Days – 82 Classes Conducted = 61.65%		
22	December 29	January 03	07	<ul style="list-style-type: none"> Community life in Pakistan 	<ul style="list-style-type: none"> Meaning of community Types of community Community life in Pakistan Rural Community of Pakistan 	<ul style="list-style-type: none"> Briefly understand the community, community life and community system of Pakistan. Students to be able to understand community and Community Development. They will be able to know the urban and rural community life in Pakistan. They also be able to know the problems of community life.

23	January 05	January 10	07	<ul style="list-style-type: none"> Community life in Pakistan (Cont) 	<ul style="list-style-type: none"> Urban Community of Pakistan Problems of urban community in Pakistan Problems of rural community in Pakistan Short Question Answers 	<ul style="list-style-type: none"> Students to be able to know the family system. They will be able to know the merits and demerit of joint, nuclear and extended family system.
24	January 12	January 16	07	<ul style="list-style-type: none"> Community life in Pakistan (Cont) 	<ul style="list-style-type: none"> Family System Types of families Rural Families in Pakistan Urban families in Pakistan 	<ul style="list-style-type: none"> Students to be able to understand the Bradari system. They also be able to know the merits and demerits of Bradari system.
25	January 19	January 23	04	<ul style="list-style-type: none"> Community life in Pakistan (Cont) 	<ul style="list-style-type: none"> Joint family System Merits of joint family system in Pakistan Demerits of joint family system in Pakistan Merits of Nuclear Family System Demerits of Nuclear Family System Bradari System Importance of bradari system 	<ul style="list-style-type: none"> Students to be able to know the concept of Kinship. They also be able to understand the problems of rural and urban life. The kinship system in Pakistan's Society.
26	January 26	January 31	07	<ul style="list-style-type: none"> Community life in Pakistan (Cont) 	<ul style="list-style-type: none"> Advantages of Bradari System Disadvantages of Bradari System Features of Bradari System Kinship in Sociology Types of kinship 	<ul style="list-style-type: none"> To understand the advantages and disadvantages of Bradari system. Communal violence by applying conflict perspective.

					<ul style="list-style-type: none"> • Kinship system in Pakistan and its types • Comparison of rural and urban communities • Problems of urban life in Pakistan • Problems of rural life in Pakistan 	
27	February 02	February 06	04	<ul style="list-style-type: none"> • Population of Pakistan 	<ul style="list-style-type: none"> • Meaning of population • Demography • Crude birth rate • Crude death rate • Natural increase rate • Over population • Family planning 	<p>Students to be able to know:</p> <ul style="list-style-type: none"> • Meaning and concept of demography and population • They will be able to calculate crude birth, death rate and the rate of natural increase. • They will be able to know the importance of family planning and its importance in Pakistan.
28	February 09	February 14	07	<ul style="list-style-type: none"> • Population of Pakistan (Cont) 	<ul style="list-style-type: none"> • Population of Pakistan by age distribution • Population of Pakistan by Gender distribution • Population of Pakistan by Religion distribution • Characteristics of population of Pakistan • Family planning in Pakistan 	<p>Students to be able to know:</p> <ul style="list-style-type: none"> • Population Distribution • Age • Gender • Religion
29	February 16	February 20	07	<ul style="list-style-type: none"> • Population of Pakistan (Cont) 	<ul style="list-style-type: none"> • Overpopulation as an issue • Impact of over population • Factors to overpopulation • Illiteracy and overpopulation 	<p>Students to be able to know:</p> <ul style="list-style-type: none"> • Characteristics of Population • Characteristics of family planning • Issues by Overpopulation • Overpopulation and Education

30	February 23	February 28	07	<ul style="list-style-type: none"> Population of Pakistan (Cont) 	<ul style="list-style-type: none"> Population theories Malthusian theory Demographic transition theory 	Students to be able to know: <ul style="list-style-type: none"> Theories of population and their applications
31	March 02	March 06	07	<ul style="list-style-type: none"> Precis Writing 	<ul style="list-style-type: none"> Migration In migration Out migration Immigrants 	<ul style="list-style-type: none"> To understand the causes of migration and its impact of rapid urbanization.
32	March 09	March 14	07	<ul style="list-style-type: none"> 	<ul style="list-style-type: none"> MCQs Short Question Answers 	Understand the main questions of the all chapters
33	March 16	March 20	07	<ul style="list-style-type: none"> Revision 	<ul style="list-style-type: none"> Practice Tests Assignments/ Quizzes 	<ul style="list-style-type: none"> Develop Time Management. Recognise weak areas. Practice and improve.
34	March 23	March 28		<i>Preliminary Exams</i>		
35	March 30	April 03		<i>Preliminary Exams</i>		
36	April 06	April 11		<i>Preliminary Exams</i>		
				Till Preliminary Exams Total Working Days : 110 + 74 = 184 Total Teaching Days : 82+ 51 = 133 Classes Conducted = 100%		